

# Seamab Care & Education

## Seamab Fundraising Update March 23



### Therapy Project

Early 2023 has been a much valued period of consolidation in terms of grant support to the Therapy Project at Seamab. In January, we received notification that we had been successful in securing a three year grant award from The National Lottery Community Fund through their Improving Lives funding programme.

This is an exciting development for Seamab and with the continued support of The Pilot Trust, The Robertson Trust, The Gannochy Trust and The RS Macdonald Charitable Trust, means the project is now fully grant funded, providing continuity of therapeutic intervention for our children as well as the key staff who work closely with them.

### Epic Adventures

Grant support from Charitable Trusts and Foundations is key in allowing us to deliver Epic Adventures for our children as they heal from trauma.

Each of our children have engaged in over 400 hours of Epic Adventures over the preceding 12 months taking part in surfing, mountain biking, paddle boarding, sailing, skiing, hill walking, parkour, wild swimming and tubing.

Thus far in 2023, we have gratefully received grants from a number of Trusts and Foundations who support this area of work.



Lynn Walker, our senior practitioner conducts theraplay sessions with each of the children





## Forest Schools

We undertook a pilot in late 2022 delivering forest schools to a small group of our children. Following on from this, we are now seeking to roll out forest schools to the benefit of all of our children.

Thanks to an additional grant from The Robin and Eirwen Bell Trust, we were able to purchase some new resources for this hugely popular area of learning which we hope to develop further through continued support from grant giving Trusts and Foundations.

We were also very grateful to the Trust for providing an additional grant for sports equipment for the children in early 2023.

## Seamab in the Community

During January, Stuart Provan, Seamab Chief Executive and Derek Kirkaldy, Grants Manager attended a Burns Supper hosted at Dollar Academy by Dollar Burns Club. We were delighted to be one of the events beneficiary charities which was a thoroughly entertaining and humorous evening.

Additionally, we are grateful to have received donations from the Emerging Talent Team at X Design and Site Sealants through their work place fundraising activities.

Our children have been invited to display their artwork for Easter after a recent visit by the Moto Kinross and we have also been invited to do some on-site fundraising!

Three members of the J2 Dollar Academy Enterprise Club have chosen Seamab as their charity of the year and we are thrilled to be benefitting from their amazing fundraising activities.

Thanks to a grant award by The Moto Foundation, we were able to purchase 6 new paddle boards and in doing so, this means that we no longer need to hire and the children will be able to use these in other locations across Scotland.



## Trust Visits

With careful planning and being mindful of our children's specific needs, we positively encourage trustee visits to Seamab to see the impact of grant funding. We were delighted to recently welcome a trustee from The Christina Mary Hendrie Trust. If you would like to arrange a visit to Seamab, please email: [info@seamab.org.uk](mailto:info@seamab.org.uk)

## Our New Short Film

We are delighted to have created a short film about Seamab – to convey why the organisation exists and how we help support children view it here:

[Seamab Care & Education film](#)

## Meet Stephanie

I began working with Seamab in June 2019. as part of the Care team. Such is the nature of our children's trauma, no two days are ever the same on the Care Campus, however, routinely we wake the children, help with their morning routines including getting ready and making sure they have had a hearty breakfast before taking them to school or, during weekends, on any planned activities.

Each practitioner has a key child. We are here for the children unconditionally, no matter what their circumstances have been in bringing them to Seamab. It is so important for them to know that this will never change no matter what they are going through or feeling at any given time.

In the evenings, I spend time with all children in my bungalow doing fun things such as watching movies, playing board games, spending time outdoors and also attending our newly built Youth Club which the children really enjoy using, then settling them down for bedtime. You feel like part of a big family, all working together to make sure that whilst in our care, our children, who have been so traumatised, have the best environment and opportunities to help them begin to recover and thrive.



## Volunteering

We welcome the continued support of volunteers and there are always opportunities to help. We want to extend a huge thanks to both SGN and Scottish Gas who have helped enormously during the past 6 months and we look forward to working with them again on future planned projects. A massive thank you to Mr Ross Craig, MD Central Demolition Ltd for donating and arranging placement of a shipping container on our Care campus, giving us much needed storage space!

Thank You!

